



# GALATIANS

# FLESH & SPIRIT

**Romans 7:15**

**For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do.**

# FLESH & SPIRIT

**Romans 7:18–19**

**For I know that in me (that is, in my **flesh**) nothing good dwells; for to will is present with me, but how to perform what is good I do not find. For the good that I will to do, I do not do; but the evil I will not to do, that I practice.**

# FLESH & SPIRIT

**Romans 7:22–23**

**For I delight in the law of God according to the inward man. But I see another law in my members, **warring** against the law of my mind, and bringing me into captivity to the law of sin which is in my members.**

# FLESH & SPIRIT

**Romans 7:24**

**O wretched man that I am! **Who** will deliver me  
from this body of death?**

# NOT UNDER LAW

**Romans 6:11–14**

**Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord. Therefore do not let sin reign in your mortal body, that you should obey it in its lusts. And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God. For sin shall not have dominion over you, for you are not under law but under grace.**

# WITHIN

**Mark 7:20–23**

**And He said, “What comes out of a man, that defiles a man. For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lewdness, an evil eye, blasphemy, pride, foolishness. All these evil things come from within and defile a man.”**

# FRUIT

**John 15:4–5**

**Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me. “I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.**



# CRUCIFIED

**Luke 9:23**

**Then He said to them all, “If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me.”**